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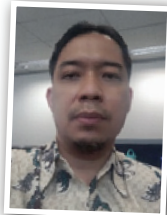
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In a world where project complexity continues to increase, professional certification is no longer just a badge — it’s a commitment to global standards, leadership, and continuous growth. That commitment was brought to life at PMP Discovery Day, a transformative and highly engaging event hosted by the PMI Indonesia Chapter, designed to inspire, inform, and empower professionals on their journey toward the Project Management Professional (PMP®) certification.



We had one PRANKS session in September 2025 and in case you missed it, we featured a report of The Event.

On behalf of the board of editors I would like to thank the contributors of this edition and everyone

Rafi Sani Hardono, PMP  
Editor in Chief



# A Project Leader’s Guide to Driving Change in Complex Healthcare Systems

Project managers are often trained to track tasks and deliverables, but what happens when your “project” spans hundreds of sites, touches multiple electronic systems, and needs to change behavior, not just check boxes?

In 2024, Northwell Health embarked on an ambitious goal to tackle access challenges in mental health. We set the lofty goal of improving depression screening across the largest health system in New York by setting a goal to nearly double our screening rate from 27% to 41%. Through months of planning, iterating, and changing management, we were able to accomplish this goal.

Drawing from my experience leading the system-wide depression screening initiative, this article shares hard-won lessons and strategies that helped transform an ambitious vision into real, measurable impact across a fragmented healthcare landscape.

Don’t Lead with the Tool—Lead with the “Why”  
Our depression screening tool was evidence-based, easy to use, and embedded in the electronic health record (EHR). But that didn’t mean staff would adopt it.

People don’t enter healthcare randomly—it’s a calling. Most of us enter the field because of a shared mission, and it is one of the greatest privileges to be in the business of healing. But that privilege comes with a cost. Healthcare professionals face high levels of burnout and operate within an intense regulatory environment that constrains resources and capacity.

As a result, we must be exceptionally purposeful about which initiatives we pursue—and how we pursue them. It’s not enough to say, “This is good for the patient.” Many things are, but without context and clarity, the message won’t resonate.

We needed to differentiate. We needed to build engagement. And we needed to set a clear path to success. We quickly learned that success hinged on one thing: connecting the work to purpose.

We led with patient stories. We reminded staff that depression is one of the most underdiagnosed conditions in healthcare, and that a simple two-question screen (Patient Health Questionnaire, PHQ-2) could change someone’s life trajectory. Once the care team saw the why, they were much more willing to engage in the how.

PM takeaway: Stakeholders commit to what they believe



in. Take time to align your project goals with what matters to them, especially in mission-driven fields like healthcare. Purpose fuels performance.

#### Map the Workflows, Not Just the Milestones

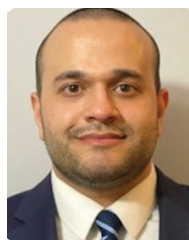
One of the earliest mistakes we made was assuming uniformity in how offices operated. In reality, clinical workflows varied widely based on staffing, patient volume, and physical layout. We also had to take into account the local geographic differences, as well as cultural norms within communities. A rigid project plan would have failed.

Instead, we used process mapping techniques to understand how depression screening could fit naturally into existing workflows. We consulted team members to determine what would work best and how to account for market, staffing, and specialty differences.

In some offices, medical assistants initiated the screening. In others, nurses played a lead role. We

identified common denominators, but allowed for local flexibility. We developed boilerplate workflows that could be adapted to local needs. We then supported offices either through consultation, or we sent a boots-on-the-ground team to lead offices through PDSA cycles of improvement.

PM takeaway: In complex systems, success comes not from standardizing everything, but from standardizing the outcomes and adapting the inputs. Your job isn't to control every step. It is to create conditions that lead to consistent results.



**Ramsey Abdallah**

Ramsey Abdallah is Assistant Vice President, Quality Management & PI at Northwell Health



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Founder Paul Hodgkins Project  
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Global Leadership (IT & Ops),  
FHKIoD, FHKCS, PMP



**SoHyun Kang**  
Regional Managing Director of  
the Project Management  
Institute (PMI) for Asia Pacific

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Change Management  
Association (ICHMA).



# PMP Discovery Day: A Powerful Leap Toward Project Management Excellence

In a world where project complexity continues to increase, professional certification is no longer just a badge — it's a commitment to global standards, leadership, and continuous growth. That commitment was brought to life at **PMP Discovery Day**, a transformative and highly engaging event hosted by the **PMI Indonesia Chapter**, designed to inspire, inform, and empower professionals on their journey toward the **Project Management Professional (PMP®)** certification.

Held with a blend of energy, depth, and interactivity, the event attracted project managers and aspiring certification candidates from diverse industries, all united by one goal: **to better understand what it takes to earn the gold standard in project management** — and how to get there with confidence.

## Setting the Stage: Why PMP Discovery Day Matters

The PMP certification has long been a symbol of excellence in the project management world. However, for many professionals, the path to certification can seem intimidating — full of complex content, changing exam formats, and questions about where to begin.

**PMP Discovery Day was designed to demystify that path.**

Rather than simply presenting technical information, this event provided a **guided and inspiring learning experience**, showing that with the right mindset and support system, PMP certification is within reach — and well worth the effort.

## A Dynamic Kickoff: Meet the Institute Behind the Movement

The day began with a powerful session led by **Ewiranti Ayang**, Board Member of Program at **PMI Indonesia Chapter**. With clarity and enthusiasm, she introduced the audience to the Project Management Institute (PMI) — the world's leading association for project professionals — and to the vibrant local ecosystem fostered by the **PMI Indonesia Chapter**.

Participants gained insight into how PMI operates globally, how the PMP exam fits within PMI's talent development framework, and most importantly, how PMI Indonesia Chapter supports the growth of its members through a rich calendar of events, knowledge-sharing platforms, volunteering opportunities, and mentoring programs.

It was eye-opening for many attendees to realize they are not alone in their professional journey. There is a **community ready to support and grow with them** — and PMP Discovery Day made that community come alive.

## The Core of the Event: Real Tips, Real Talk, Real Value

After the introduction, the spotlight shifted to the practical side of PMP preparation. Two of the chapter's senior leaders — **Raisyuli Indria (VP Program)** and **Wisnu Pratomo (VP Education)** — delivered an engaging and strategic session on **how to prepare for the PMP exam**.

Far from being a dry technical rundown, their session was full of actionable insights, relatable anecdotes, and motivational encouragement. They covered:





- How to map your professional experience to the PMP exam content outline
- What study materials and methods are most effective in 2025
- How to manage your time and mindset during the preparation journey
- Common pitfalls and how to avoid them
- Strategies to confidently face situational and scenario-based exam questions

Their authenticity and expertise resonated deeply with the participants. The session wasn't just about learning what to do — it was about believing you can do it.

### Learning in Action: Simulation and Shared Experience

Theory turned into practice when participants were invited to take part in a **PMP simulation test**, featuring a curated set of questions reflecting the exam's current structure and style.

This wasn't a passive activity. After answering the questions, attendees joined an in-depth discussion and review session. Participants were encouraged to explain their thought processes, debate interpretations, and collaboratively analyze the rationale behind each correct answer.

The level of engagement was exceptional. Conversations sparked across virtual tables, light bulbs went off as misconceptions were clarified, and a shared confidence began to take root. It was a rare moment where learning was not only effective — it was **electrifying**.

### More Than an Event — A Catalyst for Growth

The feedback was unanimous: PMP Discovery Day wasn't just helpful — it was transformative.

Participants described the event as:

- “A wake-up call to take the PMP seriously — but not fear it.”
- “A motivational push I didn't know I needed.”
- “The clearest I've ever felt about how to start my PMP journey.”

What stood out most was the spirit of **collaboration, support, and mutual growth**. Whether you were new to PMI or a seasoned project leader, there was something to learn — and someone to learn from.

### Looking Ahead: Your PMP Journey Starts Now

For those who attended, PMP Discovery Day marked a beginning, not an end.

It ignited curiosity, built momentum, and offered a clear roadmap forward. With access to the PMI Indonesia Chapter's resources, events, and community, participants now have the tools and the network to take the next step.

If you've been thinking about pursuing the PMP, let this be your sign: **you're not alone, and now is the time**.

The journey may be challenging — but as this event proved, it's also exciting, empowering, and absolutely worth it.

#PMIDiscoveryDay  
 #PMIIndonesia  
 #PMPJourney  
 #ProjectManagement  
 #PMPCertification  
 #ProfessionalDevelopment  
 #Leadership  
 #ProjectLeadership  
 #StrongerTogether



## Volunteer Profile

**Muhammad Aufa Ibadur Rahman, PMP**

Board Member of Branch



Aufa is dedicated in Project Management with expertise in consulting and training. With a strong background in project management, he ensures efficient planning, execution, and delivery of project in construction. Passionate about optimizing processes and driving successful outcomes, Aufa thrives in dynamic environments, providing strategic solutions to complex challenges.



salt



## Project Management Knowledge Sharing

**PRANKS**

### On our last PRANKS:

In 124<sup>th</sup> PRANKS, we discussed about "Project Management in Engineering: International Collaboration for Large-Scale Projects" that delivered by Kevin Dang. This session discovered how global teamwork, cultural understanding, and strong project leadership coming together to deliver massive engineering feats

If you missed the sessions, you could watch it on our YouTube channel (PMI Indonesia Chapter). Click on this link or scan the barcode.



### Catch our Next PRANKS:

Register at [pmi-indonesia.org](https://pmi-indonesia.org)

## BRAIN TEASE

A project involves a diverse group of stakeholders and team members from different cultures all across the world. The project manager decides to use a social media tool to enhance communications on the project. However, this would require everybody to create an account for the tool to interact with others.

What is likely to be the biggest issue that the project manager will face?

- a. The cost of the tool may be so high that it would negate the benefits of using the tool
- b. The fact that everyone uses different computers and mobile devices for access
- c. Social media tools should never be allowed as a platform for project communications
- d. Some project stakeholders and team members would be reluctant to use the tool

Send your answer to quiz [@pmi-indonesia.org](https://pmi-indonesia.org) and win 1x polo shirt or 1x tumbler.



The Winners of last edition's Brain Tease  
Bambang Hery Santoso (PMI# 8499851)

**THE WINNER**